

# D1Expectation – Recruiting Game Plan Session

A D1Expectation Recruiting Game Plan Session is for athletes and parents who don't want to guess their way through recruiting, NIL, and the next step. We take the film you already have, where your athlete is right now, and build a clear 6–12 month plan so you're not just sending random links and hoping someone notices.

## Who this is for

- High school and JUCO athletes (and parents) who want a clear recruiting path
- Athletes trying to understand what level actually makes sense for them right now
- Families who feel overwhelmed by the noise (NIL, camps, showcases, social media) and want a real, grounded plan
- Coaches or trainers who want a trusted third-party to talk game plan with their kids

## What we cover in the session

In about 50–60 minutes, we walk through three main areas:

### 1. Where you are now

- Current level of play, film, grades, and mindset
- What your tape and your habits are actually saying to coaches

### 2. Where you're trying to go

- JUCO, D2, D3, NAIA, HBCU, D1, walk-on, transfer — what really fits you
- How NIL and exposure fit into your situation without chasing everything that shines

### 3. What needs to happen next (your game plan)

- A clear 6–12 month plan for film, training, communication, and decisions
- Simple action steps for both the athlete and the parent so everybody is aligned

## AI-backed mindset & behavior insight

Before the session, your athlete completes a short assessment powered by AI. It highlights strengths and blind spots that have often been there since middle school – focus, habits, follow-through, and how they respond to pressure.

I still remember seeing my own results years ago and realizing it was calling out the same patterns I'd been living with. Now I use that kind of insight with athletes so we can game plan around the real person, not just the highlight tape.

## What you leave with

- A clear picture of where your athlete stands right now
- Specific focus areas on the field, in the classroom, and mentally
- A written 6–12 month game plan you can refer back to
- Clarity on how to move through recruiting and potential NIL opportunities without panic

## Pricing & how to book

- Recruiting Game Plan Session – \$100 (about 50–60 minutes, athlete + parent together)

To book, visit [D1Expectation.com/book](https://D1Expectation.com/book) or reach out directly with:

- Athlete's name
- Position & grad year
- School
- Current film link (if available)